



METAPHYSICAL ASPECTS OF HORSEMANSHIP

The Bond between Horse and Human

by Mel Fleming & Tony Robinson

We all know in this age of Quantum Science that everything is energy and that we are all energetic beings taking on a physical form. Science is proving that this is the reality. If you want to find out more there is a really good book called 'You are a Spiritual Being Having a Human Experience' by Bob Frissell.

Animals communicate with each other on an energetic or telepathic level all the time. Scientist Rupert Sheldrake author of "Dogs who know when their owners are coming home" did a study trying to prove that it was not true that dogs had telepathic communication. His study resulted in their being no doubt that dogs did know telepathically when their owners were coming home.

Sheldrake then looked further into the telepathic communications of other animals and concluded that it was by reading the electro magnetic fields of each others energy fields that they communicated. That explained why a school of fish or a flock of birds could dart and dive, changing direction unpredictably and never run into each other.

Animals in a herd, flock or school also seem to be connected in a shared energy field encompassing the whole group. And the behaviour of all the individuals at times could be so synchronized it would seem that they were one being where thoughts, intentions, emotions and even physical characteristics or symptoms were shared.

When humans interact with horses they become like a herd with the horse. Their individual energy fields will connect and they will share a common energy field. Within this energy field, thoughts, intentions, emotions and physical issues are shared. Horses will be influenced by the human's thoughts and intentions, they will take on their emotions both positive and negative, which manifest into a physical form causing both positive and negative changes to their conformation, posture, health and soundness. For example the emotion of uncertainty

manifests as a bladder issue. This causes a toxicity build up in the body which will be secreted through the skin and can be visibly seen especially in the following areas, the tips of the ears, on the forehead, the mane and the neck, the inside of hindlegs may have a black greasy, foul smelling substance and there could be a greasy build up on the front of the cannon bones on the hind-legs. Bladder issues will cause the hocks to stiffen up.

Connection with a human is extremely important for animals on a metaphysical level. Animals have a group soul and it is only through a close connection and relationship with the human that they can evolve from this group soul to an individual soul. We have all seen it in our pets. You would have noticed that a dog that is very connected to its owner takes on a unique personality of its own and is no longer 'just a dog.'

I was reading an interesting story written by Kate Solisti-Mattelon called 'Conversations with Horses'. She tells an interesting story, as all cultures have stories, about mans connection with nature and animals.

'Once, in the beginning of time, there existed a council of beings who represented different expressions of the Creator in all sorts of marvelous forms. Around the council fire sat representatives from the insect, reptile, bird, mammal, marsupial and human families. Each shared his story about how his species incarnated to experience life in a particular form, in order to learn and to share specific truths with other beings. The common goal was to better understand – together – ourselves and our Creator.

Turtle chose its form to learn how to cooperate with water and land. Lion chose its form to experience family teamwork and partnership between predator and prey. Dolphins connected earth and sky with water and kept its mind open to the cosmos. Humans chose to explore our remarkable intellect, manual dexterity, and ability for spoken language.

In the beginning, every being was connected heart to heart as one family. They enjoyed sharing their new experiences of life in their chosen forms. But one day, we humans stopped returning to the council fire. Consumed by our own accomplishments, we forgot that we had agreed to share our experiences with other beings. As we became more separate, we began to feel superior: we began to forget that we were all one family. A chasm was created between ourselves and the other creatures. At a critical moment, the horse, the cat, and the dog consciously chose to leave the comfort of their fellow creatures to a great extent, and accompany the humans, hoping to lead us back to the Creator, back to connection, back to Love. To this day, we have only to stop and pay attention and these three will remind us of who we truly are.'

Horses are trying to connect with the human and a lot of times the human doesn't realize or understand what is trying to take place. Horses are here to help us. We think we are teaching them but really they are teaching us.

Horses take on many of our emotional burdens as they try and help us through our lives. Negative thoughts manifest physically and are lodged in our bodies and our horse's bodies, restricting the freedom of movement in our bodies and restricting our positive thoughts even more. After a while we keep dwelling on the negative thoughts and those thoughts will rule our lives.

Through Body Work we can release these emotions and physical issues from ourselves and our horses and then have the chance to free and organize our thoughts and intentions.

Below: Tony Robinson working on one of the horses.



Courses with Tony Robinson

Lismore June 2nd & 3rd Energy & Bodywork Course for Horse & Human
Contact: Kylie Anne Robb
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Sunshine Coast June 9th & 10th
Energy & Bodywork Course for Horse & Human
Contact: Anne Winning
email: Anne.Winning@deir.qld.gov.au
Phone: 0419 354 686

Tamworth June 16th Understanding Horses Seminar with Mel Fleming
Contact: Mel Fleming
mel@melfleming.com.au Phone: 02 67605519

Tamworth Sept 2nd - 13th
10 day course with Tony Robinson & Mel Fleming
Psychology, Bodywork, Riding in Synchronicity
Contact: Mel Fleming
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'Banyandah' Howlong October 8th-12th
5 day course with Tony Robinson & Mel Fleming
Psychology, Bodywork, Riding in Synchronicity
Contact: Mel Fleming
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